

Format for the reception of Reconciliation

Please memorize format and "Act of Contrition" prayer before hand.

Pray loud enough for the priest to hear you but quiet enough to keep your confession private. Speak Slowly.

After examining your conscience and telling God of your sorrow, go into the Reconciliation Room. You may sit so as to talk face-face with the priest or kneel at the screen.

Child makes the Sign of the Cross

You are greeting the priest and he will respond.

When you speak; use words such as these:

"Bless me Father for I have sinned. My last Confession was ___ weeks (months, years) ago.

These are my sins..... I am deeply sorry for these sins and the sins of my past life.

(Here you can state a sin you are particularly sorry for if you would like to.)

Listen to the words of the priest, he will offer some counsel, give you and Penance to do - remember what prayers and penance you are to do.

When invited, say an "Act of Contrition" prayer.

O my God, I am heartily sorry for having offended Thee, And I detest all my sins, because of Thy just punishments, but most of all, because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve, With the help of Thy grace, to sin no more, and to avoid the near occasions of sin. Amen.

Priest gives you absolution.

Listen to the words of forgiveness, making the sign of the cross with the priest and say "Amen".

If the priest closes by saying, Give thanks to the Lord for he good, answer: For his mercy endures forever.

Priest dismisses you by saying go in peace and God bless you.

You say "Thank you, Father"

Return to your pew and say your prayers and soon as possible do your assigned Penance. *Look forward to receiving Jesus in the Holy Eucharist.*